





We have a range of short work centred programmes designed to help those in long-term unemployment get back into the workplace



CONFIDENCE BUILDING CUSTOMER SERVICE

HEALTH & SOCIAL CARE

OPENING DOORS TO EMPLOYMENT

For more information and to enrol please contact our Enrolment team on:



0121 678 7000



enquiries@solihull.ac.uk



www.solihull.ac.uk

Blossomfield Campus

Blossomfield Road Solihull, B91 1SB

Woodlands Campus

Auckland Drive Smith's Wood Solihull, B36 0NF



Solihull College & University Centre

Eligibility: Age 19+

Confidence Building

Woodlands Campus

Qualification: Solihull College & University Centre Certificate

Optional qualifications are also available

Job Centre info: ERG/35544 & SHC0002

WHAT WILL YOU BE DOING:

- Developing personal confidence and self esteem
 Contributing to own healthy living
- Effective communication skills
- Personal presentation skills
- Dealing with problems in daily life
- · Learning to cope with change
- · Developing financial confidence

- Preparing for and attending an interview
- · Planning and making journeys using public transport
- Work awareness
- Identifying volunteering opportunities

Customer Service

Blossomfield Campus

Qualification: Solihull College & University Centre Certificate

Optional qualifications are also available

Job Centre info: ERG/35545 & SHC0003

WHAT WILL YOU BE DOING:

- Personal presentation
- Business and customer awareness
- Working as part of a team
- · Awareness of equality and diversity
- Effective speaking for the workplace
- Understanding assertive behaviour
- Awareness of stress and stress management
- Understanding conflict at work
- Interview preparation
- The customer service experience

Opening Doors to Employment

Woodlands Campus

Qualification: City & Guilds Entry Level 3 Certificate in Employability

Job Centre info: ERG/35359 & SHC0004

WHAT WILL YOU BE DOING:

- Conduct at work
- Personal presentation
- Awareness of equality and diversity
- Attitudes and values for personal development
- Introduction to Health and Safety
- Enterprise activities
- Connecting with others

- Working successfully in a team
- · Developing resilience and self-esteem
- Building confidence
- Effective communication
- Next steps pathways identified
- Presentation and advice from Solihull Council's Employment & Skills Team

Health & Social Care

Blossomfield Campus

Qualification: Level 2 NCFE

Job Centre info: ERG/35543 & SHC0001

WHAT WILL YOU BE DOING:

- · Develop your own understanding of mental health
- Study common health conditions
- Explore stereotypes affecting individuals
- · Compare mental health and mental ill-health
- How to promote positive mental health
- · Gain advice and guidance to find employment from an industry expert

SHORT WORK CENTRED PROGRAMMES FOR THE LONG-TERM UNEMPLOYED

Our friendly and skilled tutors will gently teach and guide you to build your personal confidence whilst developing a range of useful skills - to help you approach employment with confidence and enthusiasm.

CONFIDENCE BUILDING DATES FOR 2019-2020

Course 1: Tuesday 5th November - Wednesday 20th November 2019

Course 2: Tuesday 3rd December - Wednesday 18th December 2019

Course 3: Tuesday 7th January - Wednesday 22nd January 2020

Course 4: Tuesday 25th February - Wednesday 11th March 2020

Course 5: Tuesday 21st April - Wednesday 6th May 2020 Course 6: Tuesday 2nd June - Wednesday 17th June 2020

Course Duration

Total = 3 Weeks 2 Days per week

Tuesday & Wednesday 9:30am - 2:30pm

Woodlands Campus

Course Duration

Total = 3 Days

9:30am - 3pm

CUSTOMER SERVICE DATES FOR 2019-2020

Course 1: Tuesday 19th November - Thursday 21st November 2019

Course 2: Tuesday 17th December - Thursday 19th December 2019

Course 3: Tuesday 14th January - Thursday 16th January 2020

Course 4: Tuesday 10th March - Thursday 12th March 2020

Course 5: Tuesday 12th May - Thursday 14th May 2020 Course 6: Tuesday 9th June - Thursday 11th June 2020

Blossomfield Campus

Tuesday, Wednesday & Thursday

OPENING DOORS TO EMPLOYMENT DATES FOR 2019-2020

Course 1: Monday 30th September - Friday 25th October 2019

Course 2: Monday 18th November 2019 - Friday 13th December 2019

Course 3: Monday 13th January - Friday 7th February 2020

Course 4: Monday 24th February - Friday 20th March 2020

Course 5: Monday 27th April - Friday 22nd May 2020

Course Duration

Total = 4 Weeks. 3 Days per week

Monday - 9:30am - 3pm **Wednesday** - 9 - 11:30 am Friday - 9:30am - 3pm

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HEALTH & SOCIAL CARE DATES FOR 2019-2020

Course 1: Thursday 7th - Friday 8th November 2019

Course 2: Thursday 12th - Friday 13th December 2019 Course 3: Thursday 16th - Friday 17th January 2020

Course 4: Thursday 13th - Friday 14th February 2020

Course 5: Thursday 12th - Friday 13th March 2020

Course 6: Thursday 23rd - Friday 24th April 2020 Course 7: Thursday 21st - Friday 22nd May 2020

Course 8: Thursday 18th - Friday 19th June 2020

VIRTUAL REALITY **EXPERIENCE** at the end of every course! Course 9: Thursday 9th - Friday 10th July 2020

Course Duration Total = 2 Days

Thursday & Friday

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